



St Mary's News and Notices

Seventh Sunday after Trinity 19 July 2026

7th after Trinity **19 July 2026**

10.00am Family Service and Picnic

6.30pm Said Holy Communion Service

Priest Revd Keith Hine

Summer Picnic – 19th July Social event for all

We will be holding a Summer Picnic in the Church Hall garden immediately after the service on Sunday 19th July. Please join us for a bite to eat and a chance to enjoy our beautiful garden.



What to bring? This is a Bring and Share Picnic, so please bring a plate of savoury finger food e.g. sandwiches, filled rolls, sausage rolls, crisps, cherry tomatoes and/or some cake/washed fruit. We won't be having knives and forks – just fingers, so no rice salad or trifle please!

We will be providing squash and non-alcoholic drinks – feel free to bring anything you would particularly like to drink.

If you've got a camping chair, do bring it along. Hopefully the sun will shine, and we will have an enjoyable lunch together.

Lymm High School Founders' Day Service Tuesday 21st July at 6.00pm

Staff and Students of Lymm High School will come together with our community on the evening of Tuesday 21st July to celebrate Founders' Day in St Mary's Church, Lymm. All are welcome to attend!

The service will include a celebration of community events that have taken place at LHS over the year, as well as an array of performances from their wonderful musicians.

St Mary's Children's Choir – Just Giving online

Following the Children's Choir Concert last Saturday, there is still time to make a donation.



You can help raise money for St Marys Lymm by donating

online https://www.justgiving.com/campaign/lymm-choir-robles?utm_medium=CA&utm_source=EM

JustGiving sends your donation straight to St Marys Lymm and automatically reclaims Gift Aid if you are a UK taxpayer, so your donation is worth even more.

Well done to all of our children and to Susan our Choir Director - thank you all for your hard work.



Heritage Weekends – save the date

After the success of last year's Heritage Weekends, St Mary's will again be taking part in this national scheme. The dates this year are **Saturday 19 September and Sunday 20 September**. We will need help with greeting visitors and serving refreshments. Please make a note of the dates in your diaries.

Lymm Rushbearing Sunday 9th August 2026, starting from the Lower Dam at 4pm and then processing to St Marys Church for a short service at 4.30pm.

Medieval in origin, Lymm Rushbearing died out at the beginning of the 20th Century but was re-born in the early 1970's. Covid didn't prevent a very small and almost private ceremony in 2020, and the event has now continued each year for over 50 years.



The procession starts at the Lower Dam at 4pm. Accompanied by local dignitaries and both Lymm Morris and Bollin Morris, we then walk along to St Marys church.

Induction of our new Rector

We are excited to announce that the Reverend Amy Ruston is to be appointed as our Rector. Amy is currently Assistant Curate at St Philip and St James Church, Alderley Edge and St Catherine's Church Birtles.

The induction service for her will be conducted by Bishop Julie Conalty, Bishop of Birkenhead, on **Wednesday 9 September at 7pm**. Please make a note in your diary.

Prayer during our Church Vacancy

We give thanks for the appointment of Revd Amy Ruston as our new Rector. It is important that we continue to ask for God's help in everything we do and especially as we go forward working together with Revd Amy as she joins us in Lymm at St Mary's.

Prayer as our new Rector prepares to take up her ministry in Lymm



O God our Father, send your Holy Spirit to our Church of St Mary's Lymm, to fill us with vision, energy, and love. Thank you for sending Revd Amy to us. Help us with her to bring new life to our community and fellowship, and in unity and expectation, remain ever faithful to your calling.

Guide with your heavenly wisdom Revd Amy and all of us at St Mary's as we support and welcome Amy and her family to this Church. May she be a wise and gentle shepherd. She has heard your call and responded in faith, ready to serve us with joy. May she lead us by example in loving obedience to your Son, our Saviour Jesus Christ. Amen.

Community Christmas Tree Festival – making the most of summer produce

Are you planning to make some jam this year while the summer fruit is plentiful? Have you got an abundance of lavender or other herbs which could be dried and sold in small bags as gifts? Have you got a recipe for making flavoured oils and vinegars for that extra special salad dressing?



Please help us by planning to make a little extra for us to sell when our Christmas Tree Festival comes around in December. Thank you!

Services July/August 2026

7 th Sunday after Trinity 19 July 2026	10.00am Family Service Picnic afterwards at Church Hall Garden	6.30pm Said Holy Communion Priest Reverend Keith Hine
Tuesday 21 st July Lymm High School	Founders' Day Service 6.00pm	St Mary's to lead
8 th Sunday after Trinity 26 July 2026 Episcopal Visitation	10.00am Holy Communion Bishop Julie, Bishop of Birkenhead	12.00pm Holy Baptism Revd Keith Hine
9 th Sunday after Trinity 02 August 2026	10.00am Holy Communion Priest Reverend Peter Mackriell	
10 th Sunday after Trinity 09 August 2026	10.00am Holy Communion Priest Reverend Anita Raggett	4.30pm Rushbearing Service
11 th Sunday after Trinity 16 August 2026	10.00am Iona Morning Prayer	
12 th Sunday after Trinity 23 August 2026	10.00am Holy Communion Priest Reverend Peter Mackriell	
13 th Sunday after Trinity 30 August 2026	10.00am Holy Communion Priest Reverend Christina Westwell	

Green Tips: Cool your home naturally

As the warm spell looks set to continue for a while, here are some simple low-cost ways to keep your home as cool as possible.

Night Flushing Method

While many homeowners rely on air conditioning to cool their homes, night flushing offers a natural and energy-efficient alternative. This method takes advantage of cooler nighttime temperatures to lower your home's internal temperature.

To use night flushing, open your windows and use fans to draw cool air inside during the evening and early morning hours. As the day warms up, close your windows and shades to trap the cool air inside.

Here's a guide to help you implement night flushing effectively:

Time	Action	Purpose	Tips
Evening	Open windows	Allow cool air in	Focus on cross-ventilation
Night	Run fans	Circulate cool air	Use window or whole-house fans
Early morning	Keep windows open	Maximize cooling	Monitor outdoor temperature
Day	Close windows and blinds	Retain cool air	Use insulating curtains

Employ Evaporative Cooling Techniques

Numerous **evaporative cooling techniques** can help you **naturally lower** your home's temperature without relying on **energy-intensive air conditioning**. By harnessing the cooling effect of water evaporation, you can create a more comfortable indoor environment.

One effective method is to place bowls of water in front of fans or open windows, allowing the breeze to carry **cool, moist air** throughout your home.



Another approach is to hang damp sheets or towels in doorways or windows. As air passes through these fabrics, it cools down and circulates cooler air into your living spaces. You can also mist your curtains lightly with water, which will cool the air as it enters through the windows.

For a more **targeted cooling effect**, try these simple evaporative cooling techniques:

1. Use a spray bottle to mist yourself and nearby surfaces
2. Place a tray of ice in front of a fan to create a makeshift air conditioner
3. Hang a damp cloth over a wire hanger in front of an open window

Please Pray

- For our Churchwardens, Lay Readers, visiting clergy and all involved in running our church during our period of vacancy
- For Revd Amy Ruston, her husband Tom and son Arthur
- For those being prayed for by St Mary's Prayer Circle
- For those affected by wild fires and for those bereaved because of them
- For all those affected by the warfare in the Middle East and for a lasting peace there
- For those facing hunger because of climate change
- For children and families in Gaza
- All those suffering as a result of conflict in Ukraine

Contact Details

Website - www.stmaryslymm.org

Rector: Vacancy

Lay Readers: Derek Buckthorpe 01925 752810 Ian Bunday 01925 755286

Church Wardens: Elizabeth France 07956 408300 George Bainton 01925 757732

PCC Secretary: Derek Buckthorpe 01925 752810

PCC Treasurer: David Young 01925 759919

Choir Director / Organist: Susan Gadd 07398 399121

Church Hall Secretary: Kath Hough Telephone: 01925 754435

Pastoral Care Team: Derek Buckthorpe 01925 752810, Pauline Buckthorpe 01925 752810 Ian Bunday 01925 755286

St Mary's Prayer Circle – Co-ordinator for Prayer Requests Jill Wasey 01925 754265 email jhwasey@yahoo.co.uk Members - Susan Brooks 01925 755735 Derek Buckthorpe 01925 752810, Pauline Buckthorpe 01925 752810 Ian Bunday 01925 755286 Vanessa Lees 01925 757471, Angela Roberts, Jill Wasey

Church Wi-Fi Wifi name = St Marys Church Wifi code = Welcome2Everyone **FIRE EXITS VIA THE MAIN ENTRANCE, THE DISABLED ENTRANCE BY THE TOILETS AND THE EXTERNAL DOOR VIA THE FELLOWSHIP ROOM**



St Mary's Church Lymm
Save the Dates!

**Community
Christmas Tree
Festival**

Friday 04 December 2026
Saturday 05 December 2026
Sunday 06 December 2026

More details:
www.stmaryslymm.org

Follow us & message us on Facebook:
<https://www.facebook.com/people/St-Marys-Church-Lymm-Community-Christmas-Tree-Festival>